

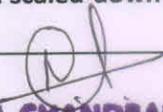


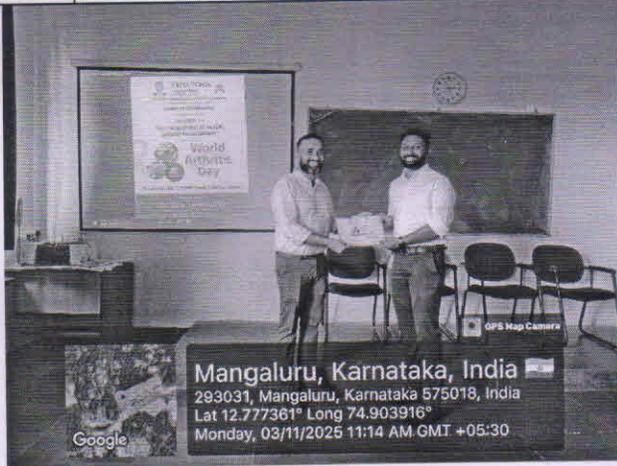
Event Report

Form A

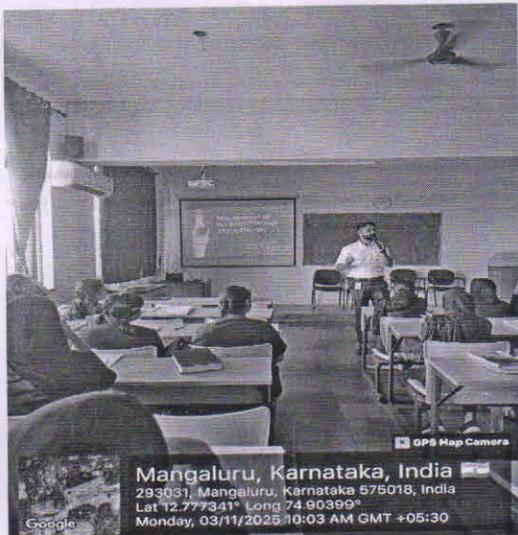
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|----|---|--|--|
| 1 | Title | WORKSHOP ON MANAGEMENT OF OA-KNEE THROUGH PHYSIOTHERAPY | |
| 2 | Date | 03/11/2025 | |
| 3 | Objective | Multidisciplinary learning in OA-Knee management | |
| 4 | Target Group | Students of Final Prof | |
| 5 | Location of the Event | Yenepoya Ayurveda Medical College and hospital | |
| 6 | Organizing Department / College | Panchakarma | |
| 7 | Organizing Committee Members | Dr Gururaja H Dr Nikhil Chandran C | |
| 8 | Resource Persons with Affiliation | Dr.Tibin Sebastian (PT) | |
| 9 | External Organizations / Persons involved | | |
| 10 | Aligned Sustainable Development Goals | SDG 3 SDG 4 | |
| 11 | Alignment with any National or International Initiatives | | |
| 12 | Brief Report of the Event | <p>The Department of Panchakarma, Yenepoya Ayurveda Medical College & Hospital, conducted a workshop on "Management of OA-Knee through Physiotherapy" on 3rd November 2025, in observance of World Arthritis Day. The programme was organized for final year students to enhance their clinical understanding of osteoarthritis management. Dr. Tibin Sebastian (PT), Assistant Professor, Yenepoya Physiotherapy College, served as the resource person. The session highlighted physiotherapy-based interventions, exercise protocols, and functional rehabilitation, benefiting students through practical insights and interdisciplinary learning.</p> | |
| 13 | Outcome of the event: Students learned the significance of incorporating physiotherapy with Ayurveda for better outcome in the management of OA | | |
| | Gain in knowledge/skills acquired (for training programs) | Average feedback score (for scientific talks) | |
| | Pre-test average: Post-test average: Knowledge/Skill Gain: | (e.g., 2/5) | |
| 14 | Number of YDU Participants | Students | |
| | | Teachers | |
| 15 | Number of External Participants / Beneficiaries (if applicable) | NIL | |



| | | |
|----|---|---|
| 16 | Attach geo-tagged photographs of the event with appropriate captions (Max Two). | |
| 17 | Attach the brochure as an annexure in the final PDF; do not embed a scaled-down image in the Word document. | |
| 18 | Seal and signature of the organizer |  Dr. NIHUL CHANDRAN C. BAMS, MD (Ayu) Reg. No. 30308 Yenepoya Ayurveda Medical College & Hospital |



Handing over Certificate of appreciation to Dr Tibin Sebastian



Session by Dr Tibin Sebastian